**Alps25 Participant Care and Support Plan**

To ensure your proposed Residential will fit the DofE / King Scout Awards requirements please complete and submit this form:

save it with your name in the title and send to [Alps@berkshirescout.org.uk](mailto:Alps@berkshirescout.org.uk)

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| **Alps25 Participant:** | | |
| **Identified Needs** | **Support in Place** | |
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|  |  | |
|  |  | |
| **Details of medication including dosage (please list below):** | | |
| **Details of any equipment required (please list below):** | | |
| **Emergency Contact details** | | |
| **Doctor’s Surgery Details:** | | |
| **Care and Support plan completed by:** | | **Date:** |
| **Agreeing the plan** | | |
| **Alps25 Participant** | | **Date:** |
| **Parent or carer** | | **Date:** |
| **Alps25 Wellbeing team member** | | **Date:** |

**Alps25 Individual Risk Assessment (completed in line with Care and Support Plan)**

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| --- | --- | --- | --- | --- | --- |
| **Name of activity, event, and location** |  | **Date of risk assessment** |  | **Name of person doing this risk assessment** |  |

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| **What could go wrong?**  What hazard have you identified?  What are the risks from it? | **Who is at risk?** | **What are you going to do about it?**  How are the risks already controlled?  What extra controls are needed?  How will they be communicated to young people and adults and remain inclusive to all needs? | **Review & revise**  What has changed that needs to be thought about and controlled? |
| **A hazard** is something that may cause harm or damage.  **The risk** is the harm that may occur from the hazard. | For example: young people,  adult volunteers,  visitors | **Controls** are ways of making the activity safer by removing or reducing the risk.  For example, you may use a different piece of equipment or you might change the way you do the activity. | Keep **checking** throughout the activity in case you need to change what you’re doing or even **stop** the activity.  This is a great place to add comments which will be used as part of the review*.* |
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